

Age Strong waxay u sameyneysaa sahankaan inay wax badan uga bartaan baahiyaha iyo mudnaanada dadka waayeelka ah ee ku nool Boston. Sahankaan wuxuu ogeysiinayaa Qorshaha Age Strong kaasoo ujeedkiisa yahay inay ka dhigaan Boston kuwa loo dhanyahay oo ay heli karaan dadka da'da walba ah. Tan waa fursad qaali ah oo codkaaga lagu maqlayo! Jawaabahaaga waxay naga caawinayaan qaabeynta shaqada Age Strong iyo maalgelinta go'aamada sannadaha horteenaa ah, taasoo ka caawineyso abuurista Boston oo aan dhammaanteen si weyn ugu kori karno. **Jawaabahaaga waxaa lagu haynayaa qarsoodi oo lalama wadaagayo meel ka baxsan Age Strong iyo Xafiiska Fullinta ee Arimaha Waayeelka.**

1. Xaafadee Boston ayaad ku nooshahay?

- | | | |
|---|---|---------------------------------------|
| <input type="checkbox"/> Allston | <input type="checkbox"/> Dorchester | <input type="checkbox"/> North End |
| <input type="checkbox"/> Brighton | <input type="checkbox"/> (South of Park Street) | <input type="checkbox"/> Roslindale |
| <input type="checkbox"/> Back Bay | <input type="checkbox"/> Downtown | <input type="checkbox"/> Roxbury |
| <input type="checkbox"/> Beacon Hill | <input type="checkbox"/> East Boston | <input type="checkbox"/> South Boston |
| <input type="checkbox"/> Charlestown | <input type="checkbox"/> Fenway | <input type="checkbox"/> South End |
| <input type="checkbox"/> Chinatown/
Leather District | <input type="checkbox"/> Hyde Park | <input type="checkbox"/> West End |
| <input type="checkbox"/> Dorchester (North
of Park Street) | <input type="checkbox"/> Jamaica Plain | <input type="checkbox"/> West Roxbury |
| | <input type="checkbox"/> Mattapan | <input type="checkbox"/> Wax kale |
| | <input type="checkbox"/> Mission Hill | |

2. Imisa ayaad ku nooleyd Boston?

- | | |
|---|--------------------------------------|
| <input type="checkbox"/> Wax ka yar 5 sanno | <input type="checkbox"/> 35-44 sanno |
| <input type="checkbox"/> 5-14 sanno | <input type="checkbox"/> 45-54 sanno |
| <input type="checkbox"/> 15-24 sanno | <input type="checkbox"/> 55+ sanno |
| <input type="checkbox"/> 25-34 sanno | |

3. Sidee ayay kugu muhiimsantahay inaad ku sii noolaatid xaafada meesha aad hadda ku nooshahay adoo sii gaboobayo? (Sax kaliya hal)

- | | |
|--|--|
| <input type="checkbox"/> Aad muhiim u ah | <input type="checkbox"/> Waxyar muhiim ah |
| <input type="checkbox"/> Si muhiim u ah | <input type="checkbox"/> Muhiim ma ahan gabi ahaanba |

4. Mushaar miyaad ku shaqeysaa?

- Haa, waqti buuxo
- Haa, waqti barkii
- Shaqo raadinayo
- Howlgab ah

5. Fadlan ku tilmaan heerkaaga aad ku raacsantahay bayaankaan xigga.

“Waxaan leeyahay illo ku fillan oo aan ku daboolo baahiyaheyga dhaqaale, oo ay ku jiraan dayactirka guriga, daryeelka caafimaadka shaqsiga, iyo qarashaadka kale.”

- Si xoogan u Ogolahay
- Ogolahay
- Diidey
- Si Adag u Diiday

6. Miyay jireen waqti walba ee 12 kii bilood ee la soo dhaafay mar aadan u haysan lacag muhiimadaha soo socdo? (Dooro dhammaan inta ay quseyso)

- Cuntada
- Guriga (kirada/amaahda guriga)
- Gaadiidka
- Kuleel
- Korontada
- Daawooyinka dhaqtarka qoro
- Baahiyada caafimaadka
- Deymaha
- Daryeelka carruurta
- Daryeel siinta (daryeelka waayeelka, daryeelka xaaska, daryeelida ku tiirsanaanta)
- Guri hagaajinta
- Fiilada/Intarneetka
- Midna kuwa kore
- Wax kale_____

7. Ma kireysataa ama waad leedahay guri?

- Leeyahay guri ama qof qoyskaaga ka tirsan oo qabo amaahda guriga ama deyn
- Leeyahay guri ama qof qoyskaaga ka tirsan oo aan lagu laheyn amaahda guriga ama deyn
- Adiga kuu kireysan ama qof qoyskaaga ka tirsan u kireysan
- Wax kale_____

8. Yaad la nooshahay? (Dooro dhammaan inta ay quseyso)

- Kaligeey ayaan noolahay
- Canugeyga (carruurteyda) weyn (da'da 18 ama ka weyn)
- Xaasle/lamaane
- Carruurta awowga/ayeyda u tahay
- Qaraabo (qaraabooyin) kale

Canugeyga (carruurteyda) (ka yar 18)

Qof kale (isku qol, saaxib, aan qaraabo aheyn)

Xayawaanada guriga

9. 5 sanno ee xigta, haddii aad u baahato inaad ka guurto gurigaaga hadda, guri nooc ee ayaad ka doorbidi laheyd Boston? (Dooro dhammaan inta ay quseyso)

Guri yar oo kali-qoyska ah

Bulshada noolaanshaha la caawiyay

Dabaqa isbeerka (ku dar dabaqa guriga jiray)

Guriga la kaabay (oo leh foojar ama ka dhaafid)

Dabaq, guryaha lawadaago ama guriga magaalada

Wax kale _____

55+ bulshada shaqo ka fariisadka

10. Haddii ay aheyd inaad ka guurtid deegaankaaga hadda, maxay ahaan laheyd sababta? (Dooro dhammaan inta ay quseyso)

Cabirka guriga (rabo boos weyn ama yar)

Qarashaadka guriga (kirada/ amaahda guriga, hagaajinta guriga, canshuurta guriga)

Rabo inuu ku noolaado aag ka duwan oo leh adeegyo kala duwan

U dhawaanshaha saaxibo/qoys

U baahan guri taageero noolaanshaha madaxbanaan sida da'daada (marka laga reebo guri aan laheyn jaranjaro)

Ma qorsheynayo inaan guuro

Wax kale _____

11. Guri kugu filan ma leedahay?

Guri ku fillan (boos ku fillan)

Guri weyn (ka badan boose weyn)

Guri yar (aan laheyn boos ku fillan, la dagan saaxibo/qoys)

12. Intee jeer ayaad dareentaa qatarta inaad lumisid gurigaaga (tusaale, aysan kuu suurtoogelin inaad bixisid biilasha, ka saartid, ama wax ka bedelada lahaanshahaaga hantida)?

- Marnaba
- Si joogta ah
- Hal jeer bishiiba
- Lixdii bilood ee la soo dhaafay gudahood
- Sannadka la soo dhaafay gudahiisa
- Waxaan dareemaa inaan halis ugu jiro inaan lumiyo gurigeyga mustaqbalka

****Haddii aad halis ugu jirtid inaad guriga lumiso oo aad u baahantahay caawin, fadlan ka soo wac Age Strong 617-635-4366, qof ka tirsan kooxda guriyeynta ayaa ku caawinayo. Wixii caawin ee ka baxsan saacadaha shaqada, fadlan soo wac 3-1-1.***

13. Fadlan ku tilmaan heerkaaga aad ku raacsantahay bayaankaan xigga. "Waxaan dareemaa inaan ka mid ahay xaafada aan ku noolahay."

- Si xoogan u Ogolahay
- Ogolahay
- Diidey
- Si Adag u Diiday

14. Haddii ay jireen xaalad degdeg ah maanta, ma taqaanaa daris ama xubin bulshada ah oo ku soo fiirinayo adiga iyo qoyskaaga?

- Haa
- Maya
- Ma hubi

15. Luuqada caqabad miyay idinku aheyd inaad ku heshaan adeegyada Boston?

- Haa
- Maya

16. Sidee ayaad ku ogaataa waxa ka socdo xaafadaada? (Dooro dhammaan inta ay quseyso)

- Jaraa'idka
- Telefshanka
- Raadiyowga
- Dariska

- Saaxibada/Qoyska
- Kaniisada/Urur diimeedka
- Ururada bulshada
- Aastaamaha/Waraaqaha
- Intarneetka/Warbaahinta Bulshada
- Wax kale_____

17. Fadlan ku qiimeey heerkaaga heshiiska bayaanka xiggo: *“Waxaan dareemaa inaan garanayo meesha laga helo warbixin ku saabsan adeegyada, illaha iyo howlaha lagu daboolayo baahiyaheyga.”*

- Si xoogan u Ogolahay
- Ogolahay
- Diidey
- Si Adag u Diiday

18. Kuwa soo socda keebaa hadda ku khuseeya? *(Dooro dhammaan inta ay quseyso):*

- Ma u baahantahay helitaanka howlaha dhaqanka ama bulshada (sida dhacdooyinka dhaqanka, adeegyada diimeedka, kooxaha bulshada)
- La nool arag beel
- La nool maqal beel
- La nool naafonimada jireed (oo ay ku jiraan naafonimada dhaqaaqyada iyo arimaha caafimaadka jireed ee raaga)
- Ku jiro caafimaadkka taag darida ama itaal darida
- Taageero ugu baahan sida daryeel siiye
- Ah awow/ayey korineyso carruur awow/ayey u yahay
- U baahan adeegyada sharciga (sida caawinta arimaha guriga, dheefaha dowlada, wakiilnimada qareenka, iyo tallo sharci)
- Ka qeyb ah LGBTQIA+ bulshada
- Qabo arimaha caafimaadka dhimirka ama dareenka (sida walwalka, niyad jabka, murugada)
- Caawin uga baahan cuntooyinka ama nafaqada (sida dhibaataada karinta, u baahan cunto gaarsiin)
- Wax kale (Fadlan qeex): _____

Warbixinta Tirikoobbka

19. Meeqa sanno ayaad jirtaa? *(ku qor):* _____

20. Aqoonsigeyga jinsiga waa...

- Dumar
- Rag
- Aan sijin aheyn, nimoo-naag, jinsiga aan waafaqsaneyn
- Ma hubo
- Doorbiday inaan ka jawaabin
- Wax kale _____

21. Aqoonsiggeygall/qowmiyadeyda waa... (Dooro dhammaan inta ay quseyso).

- Hindida Mareykanka ama Dhaladka Alaska
- Bariga Dhexe ama Afrikada Wuqooyi
- Asiyaan
- Dhalad Haawi'yaan ama Jasiirada Baasifiga
- Madow ama Madow Ameerikaan ah
- Cadaan
- Hisbaanig ama Laatiin/o/a
- Doorbiday inaan ka jawaabin
- Wax kale _____

22. Ma ugu hadashaa luuqad aan aheyn af Ingiriis guriga?

- Haa
- Maya

23. Haddii ay haa tahay, luuqadee (luuqadahee) kale ayaad ku hadashaa?

24. Ma jirtaa daqliga qoyskaaga ee sannadlaha oo ka yar \$20,000?

- Haa
- Maya
- Doorbiday inaan ka jawaabin

25. Hadda ma tahay xubin MassHealth?

- Haa
- Maya
- Ma garanayo

**Fadlan isticmaal booskaan si aad noogu sheegtid warbixin walboo
dheeraad ah oo aad jeclaan laheyd inaad wadaagtid: _____**

Ma rabtaa inaad ku biirtid liiska i-meelka Age Strong?

Ciwaanka i-meelka: _____ Koodhka Zip-ka: _____

**Dhammaan warbixinta ku jirto sahankaan waa qarsoodi. Haddii aad dooratid inaad iska diiwaangelisid liiskeena i-meelo, ciwaanka i-meelkaaga, magaca, iyo warbixin kaloo ku aqoonsan karto laguma xirayo jawaabahaaga sahankaan. **

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